

**LARC PROVIDERS – METRO AUCKLAND**

Please contact [nor-womenshealthpc@tewhatauora.govt.nz](mailto:nor-womenshealthpc@tewhatauora.govt.nz) for any additions or amendments to this list

| <b>AUCKLAND CENTRAL (ISTHMUS)</b>   |  |
|---|--|
| <b>AUT Student Medical Centre</b><br>AUT City & North Campuses<br>T: 021 925 332, E: <a href="mailto:amy.brockbank@aut.ac.nz">amy.brockbank@aut.ac.nz</a>                           | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Padmaja Rayudu, Dr Joanne McGregor<br><i>Enrolled patients only</i>                             |
| <b>Dr Nicholas Cooper Surgery*</b><br>33 Queen Mary Avenue, Epsom<br>T: 09 630 9191, E: <a href="mailto:sharronjill@gmail.com">sharronjill@gmail.com</a>                            | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Nicholas Cooper, Mi Yeong You, Nurse Practitioner<br><i>Accepts Referrals from CMH Patients</i> |
| <b>Elstree Ave Family Doctors</b><br>17 Elstree Ave, Glen Innes<br>T: 09 528 3323, E: <a href="mailto:practicemanager@elstree.co.nz">practicemanager@elstree.co.nz</a>              | <i>Jadelle &amp; IUCD:</i><br>Dr Suei (Ssu-Yu)   |
| <b>Family Health Matters*</b><br>137 West Tamaki Road, Glen Innes<br>T: 09 973 4106, E: <a href="mailto:manager@fhm.co.nz">manager@fhm.co.nz</a>                                    | <i>Jadelle Insertion &amp; Removal</i>   |
| <b>GP Central</b><br>223 Stoddard Rd & 969 Dominion Rd, Mt Roskill<br>T: 09 621 0387, E: <a href="mailto:businessmanager@gpcentral.co.nz">businessmanager@gpcentral.co.nz</a>       | <i>IUCD Insertion &amp; Removal:</i><br>Dr Oonagh Turner, Dr Terrillian Hui, Dr Logitha Sritharan, Dr Caitlin Corlett, Dr Queenie Son                    |
| <b>Mission Bay Doctors</b><br>10 Marau Crescent, Mission Bay, Auckland<br>T: 09 521 1120, E: <a href="mailto:reception@mbdrs.co.nz">reception@mbdrs.co.nz</a>                       | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Suyin Kour  |
| <b>Remuera Doctors</b><br>333 Remuera Road, Remuera<br>T: 09 524 6504, E: <a href="mailto:reception@remueradoctors.co.nz">reception@remueradoctors.co.nz</a>                        | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Suyin Kour  |
| <b>Tamaki Health</b><br>17 Sultan Street, Ellerslie<br>T: 09 274 7823, E: <a href="mailto:poacreferrals@tamakihealth.co.nz">poacreferrals@tamakihealth.co.nz</a>                    | <i>Jadelle &amp; IUCD:</i><br>Alysha Clark<br><br><i>Accepts Referrals</i>   |
| <b>The Village Family Medical</b><br>Building 265 Morrin Road, St Johns 1072<br>T: 09 528 3323, E: <a href="mailto:practicemanager@elstree.co.nz">practicemanager@elstree.co.nz</a> | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Ssu Yu Suei Lin   |
| <b>The University of Auckland Health &amp; Counselling Service</b><br>T: 0800 698 427, E: <a href="mailto:uhcsnurse@auckland.ac.nz">uhcsnurse@auckland.ac.nz</a>                    | <i>Jadelle &amp; IUCD:</i><br>Stephanie Crerar, Gladys Ko, Fiona Bell, Min-Ju Kim  |
| <b>Three Kings Accident and Medical</b><br>536 Mt Albert Road, Mt Roskill<br>T: 09 625 2999, E: <a href="mailto:info@threekings.co.nz">info@threekings.co.nz</a>                    | <i>IUCD Only:</i><br>Dr Kate Harrison<br><br><i>CMH Patients Enrolled with Clinic Only</i>   |
| <b>Three Kings Family Medical Centre</b><br>535 Mt Albert Road, Three Kings<br>T: 09 625 8998, E: <a href="mailto:connie@tkfmc.co.nz">connie@tkfmc.co.nz</a>                        | <i>IUCD Insertion &amp; Removal:</i><br>Dr Connie Juhn, Dr Amy Aspoas<br><br><i>IUCD Removal:</i><br>Nadia Gozon, Nurse Practitioner                     |



**Health New Zealand**  
**Te Whatu Ora**

*\*Accepts referrals*

| <b>WAITEMATA (NORTH SHORE, WEST AUCKLAND, ALBANY)</b>  |   |
|--|---|
| <b>NORTH SHORE / HIBISCUS COAST</b>  |   |
| <b>Northpoint Medical Centre</b><br>1A, 40 Library Lane, Albany<br>T: 09 320 4759, E: <a href="mailto:manager@northpointmedical.co.nz">manager@northpointmedical.co.nz</a>                 | <i>IUCD Removal:</i><br>Dr Balwin Jassal  |
| <b>The Doctors Apollo</b><br>119 Apollo Drive, Albany<br>T: 09 477 3700, E: <a href="mailto:admin@apollomedical.co.nz">admin@apollomedical.co.nz</a>                                       | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Siobhan Trevallyan<br>Dr Farah Alqes   |
| <b>Whitecross Glenfield</b><br>436-440 Glenfield Road, Glenfield<br>T: 09 444 4244, E: <a href="mailto:glenfieldreception@whitecross.co.nz">glenfieldreception@whitecross.co.nz</a>        | <i>Jadelle Removal</i><br>Nagdeep Kaur  |
| <b>WEST AUCKLAND</b>   |   |
| <b>Green Bay Medical Centre</b><br>70 Godley Road, Green Bay<br>T: 09 827 4075, E: <a href="mailto:greenbay@xtra.co.nz">greenbay@xtra.co.nz</a>  | <i>Jadelle &amp; IUCD:</i><br>Dr William Reyneke<br><br><i>Jadelle Insertion &amp; Removal:</i><br>Dr Cushla Borthwick  |
| <b>Kelston Medical Centre*</b><br>5 Glendale Road, Glen Eden<br>T: 09 818 5208, E: <a href="mailto:admin@kelstonmed.co.nz">admin@kelstonmed.co.nz</a>                                      | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Kelly Segar, Nurse  |
| <b>Local Doctors Ranui</b><br>421 Swanson Road, Ranui<br>T: 09 833 6033  | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Yang Ma  |
| <b>Local Doctors Wai Health</b><br>6-8 Pioneer Street, Henderson<br>T: 09 839 0280   | <i>Jadelle Insertion, IUCD:</i><br>Sharuti Saggar   |
| <b>Westview Medical Centre*</b><br>5 Glendale Road, Glen Eden<br>T: 09 818 7111, E: <a href="mailto:reception@westview.co.nz">reception@westview.co.nz</a>                                 | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Ashmita Basnyat, Registered Nurse, Dr Brooke Clarkson, Kelly Segar, Registered Nurse<br><br><i>Jadelle Insertion &amp; Removal:</i><br>Dr Antony Taylor |
| <b>RODNEY / NORTH-WEST AUCKLAND</b>  |   |
| <b>Kaipara Medical Centre (formerly Kaipara Health)</b><br>53-65 Commercial Road, Helensville<br>T: 09 420 8400, E: <a href="mailto:manager@kaiparamed.co.nz">manager@kaiparamed.co.nz</a> | <i>IUCD:</i><br>Dr Kathryn Elcock, Beth Poi, Nurse Practitioner<br><br><i>Jadelle:</i><br>Jenna Parkes-Brown, Nurse Prescriber  |
| <b>Kumeu Village Medical Centre</b><br>92 Main Road, Kumeu<br>T: 09 412 8446, E: <a href="mailto:liane.otto@kumeumedical.co.nz">liane.otto@kumeumedical.co.nz</a>                          | <i>IUCD Insertion &amp; Removal:</i><br>Dr Grace Morgan   |

\*Accepts referrals

| <b>EAST AUCKLAND (HOWICK / EASTERN SUBURBS)</b>   |   |
|---|---|
| <b>Beachlands Medical Centre</b><br>129A Beachlands Road, Beachlands<br>T: 09 536 6006, E: <a href="mailto:Rebecca.Starr@beachmed.co.nz">Rebecca.Starr@beachmed.co.nz</a>                       | <i>IUCD Only:</i><br>Dr Rebecca Starr   |
| <b>Botany Junction Medical</b><br>110 Michael Jones Drive, Flat Bush<br>T: 09 265 0321  | <i>Jadelle &amp; IUCD:</i><br>Dr Therese Khella, E: <a href="mailto:Therese@bjdocs.co.nz">Therese@bjdocs.co.nz</a><br>Dr Jayani Kannagara, E: <a href="mailto:Jayani@bjdocs.co.nz">Jayani@bjdocs.co.nz</a><br>Rashika Devi, E: <a href="mailto:rashika@bjdocs.co.nz">rashika@bjdocs.co.nz</a> |
| <b>Botany Town Centre Medical Practice</b><br>588 Chapel Road, Botany Town Centre<br>T: 09 273 6003, E: <a href="mailto:admin@bmp.nz">admin@bmp.nz</a>  | <i>Jadelle &amp; IUCD:</i><br>Dr Pieter Vosloo  |
| <b>Crawford Medical Centre</b><br>4 Picton Street, Howick<br>T: 09 538 0083, E: <a href="mailto:info@crawfordmedical.co.nz">info@crawfordmedical.co.nz</a>                                      | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Bradford Volk<br><br><i>IUCD Insertion:</i><br>Mansi Shah, Practice Nurse  |
| <b>Highbrook Medical</b><br>31 Highbrook Drive, East Tamaki<br>T: 09 273 4876, E: <a href="mailto:nurse@highbrookmedical.co.nz">nurse@highbrookmedical.co.nz</a>                                | <i>Jadelle Insertion &amp; Removal:</i><br>Dr Richard Chong   |
| <b>Highland Park Medical / My Health Team</b><br>14 Highland Park Drive, Highland Park<br>T: 09 535 8095, E: <a href="mailto:medical@highlandpark.co.nz">medical@highlandpark.co.nz</a>         | <i>Jadelle &amp; IUCD Insertions Only:</i><br>Dr Brett Hyland   |
| <b>Howick Health &amp; Medical Centre</b><br>108 Ridge Road, Howick<br>T: 09 534 3978   | <i>Jadelle &amp; IUCD:</i><br>Dr Amy Rankin, E: <a href="mailto:amyh.rankin@gmail.com">amyh.rankin@gmail.com</a>  |
| <b>Local Doctors – Dannemora, East Tamaki, Otara</b><br>T: 09 274 7823 ext 9935, E: <a href="mailto:Andy.knight@tamakihealth.co.nz">Andy.knight@tamakihealth.co.nz</a>                          | <i>Jadelle &amp; IUCD:</i><br>Dr Janan Mansour, Dannemora<br>Dr Sue Tutty, East Tamaki<br><br><i>Jadelle Only:</i><br>Dr Geeta Gala, Dannemora  |
| <b>Millhouse Integrative Medical Centre</b><br>128 and 130 Millhouse Drive, Howick<br>T: 09 537 4980, E: <a href="mailto:reception@millhousemedical.co.nz">reception@millhousemedical.co.nz</a> | <i>Jadelle &amp; IUCD Insertions:</i><br>Dr Aileen Wong, Dr Therese Khella, Dr Satya Subramanian  |
| <b>Tend Pakuranga Medical Centre (formerly Pakuranga Medical)</b><br>11-13 Cortina Place, Pakuranga<br>T: 09 950 7351, E: <a href="mailto:kiaora@tend.nz">kiaora@tend.nz</a>                    | <i>Jadelle &amp; IUCD:</i><br>Dr Eileen Sables, Dr Lesley Darcy<br><br><i>Jadelle &amp; IUCD Removals Only:</i><br>Dr Nigel Tay<br><br><i>Jadelle Insertions Only:</i><br>Dr Ji Young Park  |

\*Accepts referrals

| <b>SOUTH AUCKLAND</b>  |  |
|--|--|
| <b>MANGERE / OTAHUHU / OTARA</b>   |  |
| <b>Bader Drive Health Care</b><br>93 Bader Drive, Mangere Town Centre<br>T: 09 275 8598, E: <a href="mailto:womenshealth@bdhealthcare.co.nz">womenshealth@bdhealthcare.co.nz</a>                         | <i>Jadelle &amp; IUCD:</i><br>Dr Nua Tupai   |
| <b>Dr Upsdell's Surgery</b><br>2 Graeme Avenue, Mangere East<br>T: 09 278 7214   | <i>Jadelle Only:</i><br>Dr John Upsdell  |
| <b>Mangere Contraception Clinic</b><br>10 Waddon Place, Mangere<br>T: 09 259 3826, E: <a href="mailto:larc.cmdhb@middlemore.co.nz">larc.cmdhb@middlemore.co.nz</a>                                       | Open every Thursday 8.30 am to 4.30 pm   |
| <b>Mangere Health Centre</b><br>6 Waddon Place, Mangere<br>T: 09 255 0600, E: <a href="mailto:admin@mhc.net.nz">admin@mhc.net.nz</a>   | <i>Jadelle &amp; IUCD:</i><br>Lorraine Rani, Dr Savani Kannangara<br><br><i>IUCD Insertion &amp; Removal:</i><br>Dr Tim Hou<br><br><i>Jadelle Insertion &amp; Removal:</i><br>Ara Aiba, Registered/Practice Nurse (Accept Referrals)<br><br><i>Does Not Accept Referrals</i> |
| <b>Mangere Refugee Health Service</b><br>251 Massey Road, Mangere East<br>T: 09 250 9850, E: <a href="mailto:mangererefugeehealth@middlemore.co.nz">mangererefugeehealth@middlemore.co.nz</a>            | <i>Jadelle &amp; IUCD Removals:</i><br>Dr Nazeeha Bajoory-Kettoola<br><br><i>Does Not Accept Referrals</i>   |
| <b>Lifeline Medical Centre</b><br>230 Great South Road, Otahuhu<br>T: 09 276 2822, E: <a href="mailto:reception@lifelinemedical.co.nz">reception@lifelinemedical.co.nz</a>                               | <i>IUCD &amp; Jadelle Insertion &amp; Removal:</i><br>Dr Sobia Imran   |
| <b>Local Doctors - Mangere &amp; Otara</b><br>T: 09 274 7823 ext 9935, E: <a href="mailto:Andy.knight@tamakihealth.co.nz">Andy.knight@tamakihealth.co.nz</a>   | <i>Jadelle &amp; IUCD:</i><br>Dr Oruba Khalil, Otara<br>Dr Lamara Kandelaki, Mangere<br><br><i>IUCD:</i><br>Dr Sashir Thota  |
| <b>Otara Family &amp; Christian Health Centre</b><br>5/20 East Tamaki Road, Otara<br>T: 09 274 6654, E: <a href="mailto:roshan.fernando@otarafamily.health.nz">roshan.fernando@otarafamily.health.nz</a> | <i>Jadelle Only:</i><br>Renee Carroll, Siniva Toma<br><br><i>IUCD:</i><br>Delvene Steven   |
| <b>South Seas Healthcare</b><br>14 Fair Mall, Otara<br>T: 09 273 9017, E: <a href="mailto:admin@southseas.org.nz">admin@southseas.org.nz</a>   | <i>Jadelle Only:</i><br>Dr Rodania Levi  |
| <b>The Doctors Middlemore*</b><br>215 Massey Road, Māngere East<br>T: 09 275 9977, E: <a href="mailto:info@md.thedoctors.co.nz">info@md.thedoctors.co.nz</a>   | <i>Jadelle Insertions &amp; Removals/IUCD Removals:</i><br>Dr Shomel Gauznabi, Dr Dulani, Dr Tom Bye,<br>Dr Mahzer Iqbal   |

|   |  |
|---|--|
|   | <p><i>IUCD Only:</i><br/>Dr Neelithi Wickramasinghe</p> <p><i>Accepts Referrals</i></p>  |
| <p><b>Turuki Healthcare</b><br/>2/32 Canning Crescent, Mangere<br/>T: 09 275 5788, E: <a href="mailto:mangere@thc.org.nz">mangere@thc.org.nz</a></p> <p><i>LARC Clinic (one day a week):</i><br/>Bookings for this clinic after an initial consult with a GP</p>  | <p><i>Jadelle &amp; IUCD:</i><br/>Dr Emalia Lavemai (during school holidays only), Dr Janet Vaughan, Dr Katrina Kirikino, Dr Thealyssa Ng</p> <p><i>Jadelle Insertion:</i><br/>Lena Hope</p>   |
| <b>PAPATOETOE</b>   |  |
| <p><b>Niu Life Midwives</b><br/>89 Great South Road, Papatoetoe<br/>T: 0800 806 077, M: 021 958 793, E: <a href="mailto:lindafburke@gmail.com">lindafburke@gmail.com</a></p>  | <ul style="list-style-type: none"> <li>▪ Monthly Monday clinic, 9.15 am to 2.30 pm</li> <li>▪ Monthly Saturday clinic, 9.15 am to 2.30 pm for Niu Life Midwives clients only</li> </ul> <p><i>Does Not Accept Referrals</i></p>  |
| <p><b>Whanau Ora Community Clinic</b><br/>258 Puhinui Road, Papatoetoe<br/>T: 0800 367 942, E: <a href="mailto:info@toa.org.nz">info@toa.org.nz</a></p>   | <p><i>Jadelle Only:</i><br/>Dr Genevieve Syed</p>  |
| <p><b>Youthline Clinic</b><br/>145 Saint George Street, Papatoetoe<br/>Call: Kerrie Salwey, M: 021 589 520 or<br/>E: <a href="mailto:kerrie.salwey@middlemore.co.nz">kerrie.salwey@middlemore.co.nz</a> or Brenda Taia, E: <a href="mailto:brenda.taia@middlemore.co.nz">brenda.taia@middlemore.co.nz</a></p> | <p><i>Jadelle Only</i><br/>Kerrie Salwey, Brenda Taia</p> <p>Drop-in or booked clinic for under 25-year-olds, Thursday from 9.00 am to 12.00 pm</p>  |
| <b>MANUKAU / MANUREWA / TAKANINI</b>  |  |
| <p><b>Bakerfield Medical Centre</b><br/>16A Bakerfield Place, Manukau<br/>T: 09 263 7770, E: <a href="mailto:manager@bakerfield.co.nz">manager@bakerfield.co.nz</a></p>   | <p><i>Jadelle &amp; IUCD Insertions &amp; Removals:</i><br/>Dr Sahar Bahnam, Dr Hannah Liu</p>   |
| <p><b>Clendon Family Health Centre</b><br/>9 Robert Ross Place, Clendon<br/>T: 09 267 2636</p>  | <p><i>Jadelle Insertions:</i><br/>Dr Bhavana Patel,<br/>E: <a href="mailto:bhavana@clendonfamily.co.nz">bhavana@clendonfamily.co.nz</a><br/>Dr Jessica Ly, E: <a href="mailto:jessica@clendonfamily.co.nz">jessica@clendonfamily.co.nz</a></p> <p><i>Jadelle &amp; IUCD:</i><br/>Dr Lisa Karl, E: <a href="mailto:Lisa@clendonfamily.co.nz">Lisa@clendonfamily.co.nz</a></p> |
| <p><b>Etu Pasifika South Auckland (formerly Cavendish Family Doctors)</b><br/>175-195 Cavendish Drive, Papatoetoe<br/>T: 09 869 9963, E: <a href="mailto:adminetusouth@etupasifika.co.nz">adminetusouth@etupasifika.co.nz</a></p>   | <p><i>Jadelle &amp; IUCD:</i><br/>Dr Anne Tuala</p>  |
| <p><b>Flatbush Medical Centre</b><br/>201 Murphys Road, Flatbush<br/>T: 09 930 8314, E: <a href="mailto:Reception.fbmcl@gmail.com">Reception.fbmcl@gmail.com</a></p>  | <p><i>Jadelle Insertion:</i><br/>Kalaiyarasi Mohanan</p>   |
| <p><b>Greenstone Family Clinic</b><br/>157 Great South Road, Manurewa<br/>T: 09 26 78702</p>  | <p><i>Jadelle Insertions &amp; Removals:</i><br/>Karen Hoare (NP)<br/>E: <a href="mailto:karen@greenstoneclinic.co.nz">karen@greenstoneclinic.co.nz</a></p>  |

|   |  |
|---|--|
| <p><b>Hunters Corner Medical Centre</b><br/>28 Hoteo Ave, Papatoetoe<br/>T: 09 277 8297, E: <a href="mailto:reception@hunterscornermedical.co.nz">reception@hunterscornermedical.co.nz</a></p>  | <p><i>IUCD Only:</i><br/>Dr Phillipa Johnstone</p>   |
| <p><b>Local Doctors – Dawson Road</b><br/>T: 09 274 7823 ext 9935, E: <a href="mailto:Andy.knight@tamakihealth.co.nz">Andy.knight@tamakihealth.co.nz</a></p>  | <p><i>Jadelle &amp; IUCD:</i><br/>Dr Aaia Aladdin</p> <p><i>Jadelle Only:</i><br/>Dr Kalyani Wijeweera</p>   |
| <p><b>Local Doctors – Manurewa Healthcare</b><br/>210 Great South Road, Manurewa<br/>T: 09 266 4477, E: <a href="mailto:reception@manurewadoc.co.nz">reception@manurewadoc.co.nz</a></p>  | <p><i>Jadelle &amp; IUCD:</i><br/>Alysha Clark, Nurse Practitioner</p> <p><i>Jadelle Only:</i><br/>Dr Nishela Manawadu</p>   |
| <p><b>Local Doctors – Takanini</b><br/>30 Walters Road, Takanini<br/>T: 09 274 7823</p>   | <p><i>Jadelle Only:</i><br/>Meiyun Ding</p>  |
| <p><b>Manukau Health Park Contraception Clinic</b><br/>Module 10, 901 Great South Road, Manurewa<br/>T: 09 259 3826,<br/>E: <a href="mailto:MangereOtarahub.Generic@middlemore.co.nz">MangereOtarahub.Generic@middlemore.co.nz</a></p>                              | <p>Alternate Saturdays 9.00 am to 1.00 pm</p> <p><i>By Appointment Only</i></p>  |
| <p><b>Manurewa Healthcare*</b><br/>210 Great South Road, Manurewa<br/>T: 09 266 4477, E: <a href="mailto:kim@manurewa.co.nz">kim@manurewa.co.nz</a></p>   | <p><i>Jadelle Insertion &amp; Removals:</i><br/>Kim Bouzaid</p> <p><i>Accepts Referrals</i></p>  |
| <p><b>Manurewa Medical Limited*</b><br/>157 Great South Road, Manurewa<br/>T: 09 266 7758, E: <a href="mailto:nurses@manurewamedical.co.nz">nurses@manurewamedical.co.nz</a></p>  | <p><i>Jadelle Insertions &amp; Removals, IUCD Insertions &amp; Removals:</i><br/>Poonam Saini</p> <p><i>Accepts Internal &amp; External Referrals</i></p>  |
| <p><b>Pasefika Family Health*</b><br/>5 Waimahia Avenue, Weymouth 2103<br/>T: 09 528 9800, E: <a href="mailto:admin@pasefikahealth.co.nz">admin@pasefikahealth.co.nz</a></p>  | <p><i>Jadelle &amp; IUCD Insertion &amp; Removal:</i><br/>Dr Melbourne Mauiliu, Dr Lulu</p> <p><i>Accepts Referrals</i></p>  |
| <p><b>Southpoint Family Doctors</b><br/>9 Sharkey Street, Manukau<br/>T: 09 262 0072<br/>For external referrals bookings contact <a href="mailto:clinical@spfd.co.nz">clinical@spfd.co.nz</a> or <a href="mailto:reception@spfd.co.nz">reception@spfd.co.nz</a></p> | <p><i>Jadelle Only:</i><br/>Dr Fiona Shepherd, E: <a href="mailto:fiona@spfd.co.nz">fiona@spfd.co.nz</a></p> <p><i>IUCD Only:</i><br/>Dr Hinamaha Lutui, E: <a href="mailto:hinamaha@spfd.co.nz">hinamaha@spfd.co.nz</a></p> |
| <p><b>Whanau Ora Community Clinic</b><br/>153 Mahia Road, Wattle Downs<br/>T: 09 266 6070, E: <a href="mailto:receptionmahia@toa.org.nz">receptionmahia@toa.org.nz</a></p>  | <p><i>Jadelle Insertions:</i><br/>Dr Rohit Singla</p>  |
| <p><b>Wiri Family Doctors</b><br/>10/792 Great South Road, Wiri<br/>T: 09 263 6622, E: <a href="mailto:wirifamilydoctors@gmail.com">wirifamilydoctors@gmail.com</a></p>   | <p><i>Jadelle Only:</i><br/>Xin (Isabel) Zhao</p>  |
| <b>PAPAKURA</b>   |  |
| <p><b>Papakura Birthing Unit Clinic</b><br/>2 Clevedon Road, Papakura</p>   | <p>Tuesday from 9.15 am to 3.15 pm</p>   |

|  |   |
|--|---|
| T: 09 299 9102, M: 021 2207 239 / 021 958 793  | Every second Saturday from 9.15 am to 2.30 pm   |
| <b>Papakura East Medical Centre</b><br>57 Clevedon Road, Papakura<br>T: 09 299 9666, E: <a href="mailto:admin@pemc.co.nz">admin@pemc.co.nz</a>   | <i>Jadelle &amp; IUCD Insertions, Accepts Referrals:</i><br>Dr Shelly Collins, Korrinna Walker-Burns, Nurse<br><br><i>Jadelle &amp; IUCD Insertions, Does Not Accept Referrals:</i><br>Dr Dean Mackay |
| <b>Papakura Marae Health Clinic</b><br>29 Hunua Road, Papakura<br>T: 09 297 2160, E: <a href="mailto:reception@papakuramarae.co.nz">reception@papakuramarae.co.nz</a>  | <i>Jadelle Insertions &amp; Removals:</i><br>Amanpreet Kaur   |
| <b>OTHER SOUTH AUCKLAND SERVICES</b>   |   |
| <b>Secondary School Based Services</b><br>Counties Manukau District Schools<br><br>Call/text: Kerrie Salwey, M: 021 589 520 or<br>Call: Brenda Taia (Te Rarawa), M: 021 404 862 to book or<br>contact the School Based Health team at the school | Drop-in or booked clinics for students. Times and venues alter as needed<br><br><i>Jadelle Insertions Only:</i><br>Kate Chitar, Kerrie Salwey, Brenda Taia<br><br><i>Does Not Accept Referrals</i>    |
| <b>Sexual Wellbeing Aotearoa (formerly Family Planning)</b><br>Level 3, Westfield Shopping Centre, 2 Manukau Station Road, Manukau, T: 07 810 6610<br><br>Trust Arcade, 169 Great South Road, Papakura<br>T: 07 810 6610, M: 0800 372 546        | Monday to Friday, Saturday by Appointment (in-person, phone, video)<br><br>Monday to Thursday by Appointment (in-person, phone, video)  |

*\*Accepts referrals*

## FRANKLIN

|  |  |
|--|--|
| <b>Mai Lighthouse (formerly Franklin Family Support Services)</b><br>205 King Street, Pukekohe<br>Call/text: Brenda Taia (Te Rarawa), M: 021 404 862 to book or<br>phone T: 09 238 6233, E: <a href="mailto:admin@mailighthouse.org.nz">admin@mailighthouse.org.nz</a> | Drop-in or booked clinic for under 25-year-olds, Tuesday from 9.00 am to 12.00 pm<br><br><i>Jadelle Only:</i><br>Brenda Taia   |
| <b>Pukekohe Family Health Care</b><br>10 West Street, Pukekohe<br>T: 09 237 0280, E: <a href="mailto:contact@pukekohehealth.co.nz">contact@pukekohehealth.co.nz</a>  | <i>Jadelle &amp; IUCD:</i><br>Dr Aileen Elborough  |
| <b>Pukekohe Maternity Hospital</b><br>1 Tuakau Road, Pukekohe<br>M: 0272 564 088   | <i>Jadelle Only:</i><br>Elizabeth Harker, E: <a href="mailto:liz.midwife@xtra.co.nz">liz.midwife@xtra.co.nz</a><br><br><i>Contraception Clinic:</i><br>Held weekly for postnatal women who have delivered within 12 weeks. |
| <b>Pukekohe South Doctors</b><br>241 Manukau Road, Pukekohe<br>T: 09 237 0286, E: <a href="mailto:reception@pukekohesouthdoctors.co.nz">reception@pukekohesouthdoctors.co.nz</a>   | <i>IUCD Only:</i><br>Dr Louisa Sinclair (May 2025 – on extended leave)   |
| <b>The Doctors Drury</b>   | <i>Jadelle &amp; IUCD:</i>   |

| <b>FRANKLIN</b>   |   |
|---|---|
| 175 Great South Road, Drury<br>T: 09 294 3005, E: <a href="mailto:admin@drury.thedoctors.co.nz">admin@drury.thedoctors.co.nz</a>                                  | Dr Lynette Ashby, Dr Sophie Chan  |
| <b>Tuakau Health Centre</b><br>55 George Street, Tuakau 2121<br>T: 09 236 8068, E: <a href="mailto:reception@tuakauhealth.co.nz">reception@tuakauhealth.co.nz</a> | <i>Jadelle Insertions Only:</i><br>Menedore Nibaruta  |
| <b>Waiuku Health Centre</b><br>30/26-30 Constable Road, Waiuku<br>T: 09 235 9102, E: <a href="mailto:admin@waiukumedical.co.nz">admin@waiukumedical.co.nz</a>     | <i>Jadelle &amp; IUCD:</i><br>Dr Nicola Coombes, Dr Sasha Maxwell<br><br><i>Does Not Accept Referrals</i> |